

# Facial Treatments

## Deeply Facial Clean

A gentle and comfortable facial treatment that fully cleanses your skin and creates a brightened new look.

[45 MINUTES NT\$3,000]

## Bespoke Facial

The therapy can be customized for different skin types and needs. With the essence of organic plant extracts, the specific massage techniques, and the hot and cold jade stones, the treatment repairs, moisturizes, and awakens the brightness and vitality of your skin. You will enjoy its distinctive beauty at the end.

[60 MINUTES NT\$4,000]

# 臉部護理

## 深層潔面

溫和舒適的臉部護理，為您徹底潔淨肌膚，打造煥然一新的美麗風貌。

[45 分鐘 NT\$3,000]

## 植萃護膚

針對不同膚質與需求所設計的客製化療程。以有機植物萃取之精華導入，融揉特殊按摩手法及冷熱玉石，修復滋潤肌膚，喚醒肌膚明亮活力，盡擁與眾不同的美麗風采。

[60 分鐘 NT\$4,000]

## THE WESTIN TASHEE RESORT, TAOYUAN

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heavenly  
BY WESTIN spa

# Awaken Your Senses

# 喚醒 你的感官

# Massage

## Facial Rejuvenate

Natural plant extract essential oil is used for this package. Through the aroma-therapist's sophisticated massage techniques, your skin will be fully repaired and it will regain the glow of youthful radiance from inside out.

[45 MINUTES NT\$3,000]

## Golf Relaxation

The treatment focuses on soothing tight muscles after exercise. Through the interlaced light and heavy rhythm of the massage techniques, you will feel completely relaxed and gain back your energy.

[60 MINUTES NT\$4,200 or  
90 MINUTES NT\$5,200]

## Hearbal Wrap

The unique Swedish-style pressing massage method with selected herbs from Bali stimulates blood circulation, accelerates metabolism and completely relieves muscle fatigue as well as reproduces vitality.

[90 MINUTES NT\$5,000]

## Seasalt Body Exfoliation

Using the natural sea salt, the treatment deeply cleanses the skin, exfoliates old skin cells, metabolizes excess water in the body, relieves fatigue, and recreates the tender and stunning looks of your skin.

[45 MINUTES NT\$2,500]

## Heavenly Spa Massage

A heated compress invites back muscles to relax and ease before a Swedish massage leaves you feeling physically rested and mentally uplifted.

[60 MINUTES NT\$3,500 or  
90 MINUTES NT\$4,500 or  
120 MINUTES NT\$5,500]

## Sleep-Well Aroma

Through lymphatic guidance, this gentle manipulation pushes out the stagnant flow in the body, regulates breathing through natural aromas, and helps the body and mind relax as well as enhance energy.

[60 MINUTES NT\$3,800 or  
90 MINUTES NT\$4,800 or  
120 MINUTES NT\$5,800]

# Hair Treatment

## L'OREAL Hair Treatment

Go with the selection of L'OREAL's popular products, this deep scalp massage treatment is able to soothe tiredness and add glamor to your hair.

[45 MINUTES NT\$2,000]

# 按摩

## 回溯青春

使用天然的植萃精油，搭配芳療師純熟的按摩手法，修護肌膚，由內而外的煥發年輕光彩。

[45 分鐘 NT\$3,000]

## 高球舒壓

療程著重於舒緩運動後緊繃的深層肌肉。配合輕重交錯的韻律手法，徹底放鬆，帶給您滿滿元氣。

[60 分鐘 NT\$4,200 或 90 分鐘 NT\$5,200]

## 草本裹敷

運用獨有的瑞典式按壓手法，嚴選峇里島草本敷體，促進血液循環加速體內代謝，徹底緩解肌肉疲勞，再現活力。

[90 分鐘 NT\$5,000]

## 雪鹽煥彩

以天然海鹽，深層清潔肌膚，代謝老廢角質及體內多餘水分，減緩疲憊，為肌膚再造嫩澤驚豔。

[45 分鐘 NT\$2,500]

## 天夢經典

以熱敷舒緩放鬆背部肌肉，並採用瑞典獨特按摩手技，引領心靈平緩，恢復全然活力。

[60 分鐘 NT\$3,500 或 90分鐘NT\$4,500 或  
120 分鐘 NT\$5,500]

## 酣然好夢

透過淋巴導引的輕緩手法，推動體內滯留的伏流，伴隨天然香氣調節呼吸，幫助身心放鬆，提升能量。

[60 分鐘 NT\$3,800 或 90 分鐘 NT\$4,800 或  
120 分鐘 NT\$5,800]

# 頭髮護理

選用萊雅人氣髮膜商品，搭配頭皮深層按摩，舒緩疲憊，為秀髮增添魅力光彩。

[45 分鐘 NT\$2,000]